





## **Intension for Seclusion- The Adab of Rajab**

This adab (practice) is performed on the day before The Month of Rajab begins between Salatul 'Asr and Maghrib and continued every day

**either in the Last Third of the Night or between Maghrib and Isha**

- **Bathing of Purification – Perform Ghusl/Shower between Salatul 'Asr and Maghrib. Dress in best clothes and perfume**
- **Pray 2 raka`at Salaat al Wudu**
- **Move 3 steps forward, right leg first, facing the qiblah and niyyah:**

Intention:

–Nawaytul Arba'een, Nawaytul 'itikaf, Nawaytul Khalwah, Nawaytul 'Uzlah, Nawaytur Riyada, Nawaytus Sulook, Lillahi Ta`ala I 'Azhim fee hadhal masjid (or fee hadhal jami`)

***I intend the forty (days of seclusion); I Intend seclusion in the masjid, I Intend seclusion, I Intend isolation, I Intend discipline (of the ego), I intend to travel in God's Path for the sake of God in this masjid.***  
**Intention**

–*Ya Rabbi, innani nawaytu an ataqadama nahwa bahri wahdaniyyatika ilaa maqaamil fanaa fika. Fala tarudani ya Rabbi, ya Allah khaaiban hatta tuwassilani ilaa dhaakal maqaam – al maqaamul fardani.*

O my Lord, I am moving and stepping forward for the Station of Annihilation in the Divine Presence. Oh my Lord, O Allah Subhana wa Ta'ala, I am asking you to vanish me in Your Existence and, O my Lord, I am moving toward your ocean of Unity, the Ocean of Wahdaniyah, O my Lord, don't reject me until I reach the unique Maqam al Fardani.

### **Du'a**

– *Ya Rabbi, Ya Allah haithu hadha ashShahru huwa shahraka, jituka da'ifan wa nawian an 'amala 'amalan bidon 'iwadun aw an yakona fih talaban lil fadilati qasidan iyyaka Ilahi anta maqsodi wa ridaka matlubi.*

O my Lord, since this month is your month – Rajabun Shahrullah (Rajab Month of Allah). I came to you as a weak guest and intending to worship You, without asking anything in return. My God, You are my aim, and Your good pleasure is what I seek. That is why I am coming, please don't reject me.

– *Ya Rabbi, kullu 'umri qad amdaytuhu fil ma'asi wash shirkil khafi. Wa innani uqirru bi annani lam ati ila babika bi 'amalin maqbolin 'indaka anta Allahul ladhi la yati ahadun ila babika bi 'amalihi bal bi fadlika wa jodika wa karamakika wa ihsanika. Anta Allahul ladhi la taruddu 'abdan ja a ila babika fala taruddani ya Allah.*

O my Lord, all my life I spent in kufr (disbelief) and hidden shirk (polytheism), and bad behavior, and I am declaring wholeheartedly that I did not do any deed that is accepted by You. You are Allah, Who never threw away anyone that came to Your door. You are Allah, and no one came to Your door by his deeds, but (only) by Your grant and reward

- *Ya Rabbi, Kullu umori fawwadtuha ilayka, hayati wa mamati, wa ba'da mamati, wa yawmul hashr. Kullu umuri hawwaltuha 'indaka. Wa fawwadu amri ilayka, la amliku min amri nafsi shayan. La naf'an, wa la darran, wa la mawtan, wa la hayatan, wa la nushoran. Kullu umori wa hisabi wa suali wa jawabi hawwaltuhu 'indaka ya Rabbi, Ya Allah. Nasiyati biyadika wa ana 'ajizun 'anil jawabi wa la mithqala dharratin.*

O my Lord, I have given all my affairs into Your hands – my life, my death, my afterlife, and Judgment Day. All my affairs I have transferred to You and You are the One Who controls me. O my Lord, I do not possess anything with my nafs (ego) and my soul. I cannot give good to myself or bad to myself, or life to myself, or death to myself, but I have transferred all my accounts, and all Your judgment on me, and all Your questions to me and all my answers; I have transferred to you. Whatever You want to do with me, You do. My neck is in Your hand. I am helpless from answering Your questions, even the smallest answer I cannot answer. (With all this weakness, and helplessness, and hopelessness, I am coming to Your door.)

- *Law kana laka Ya Rabbi, babayni ahada huma mukhasasun lit taibeen min 'ibadikal mumineen wal aakharu lit taibeen min 'ibadikal 'aaseen. Ji tuka ya Allah, nahwo babikal ladhi yahtaju an yadkhula minho 'ibadikal 'aaseen. Wa innani uqirru wa a' tariff annahu yajibu an ujaddida Islami wa Imani min hadhal bab li izharil 'ajzi.*

O my Lord, if you had two doors for Your servant to enter through – one for the believers from Your servants and one for the unbeliever from Your servants I am coming to You from the door that the unbeliever needs to come through. And I am declaring and believing this is the only door for me to come through. I am saying to You that I have to renew my Islam (Shahada – testimony of faith) and my Iman (faith), from this door to show humility and helplessness.

- *Wa hadhal 'amalu huwa awwalu 'amalin li ba'da ma shahidtu bil Islami haqqan Ya Rabbi. Wa Anta wakili ya Wakil haithu naqulo Allaha 'Ala ma naqulo Wakil wa Shahid.*

This Deed and this Shahada is the first deed for me after I am pronouncing the Shahada and entering Islam and You are my Wakeel (protector) from whence we say: Allah is the Protector and Witness over what we say,

- **Shahada 3x with raised finger – Ash-hadu an la ilaha ill-Allah wa ash-hadu anna Muhammadan 'abduhu wa rasuluh**

Iqamatu `s-salt wa ita'u `zakati wa sawmu Ramadana, wa Hajju `l Bayti Haqq. Amantu billahi wa mala'ikatih wa kutubih wa rusulih wa'l-yaumi'l-akhiri wa bi'l-qadari khayrihi wa sharrihi min Allahi ta'ala.

- **Re-Affirm Five Pillars of Islam – Tajdid Urkan al Islam**

Iqamatu `s-salt wa ita'u `zakati wa sawmu Ramadana, wa Hajju `l Bayti Haqq I believe in the establishment of prayer, paying the poor-due (charity), fasting of Ramadan, and the Pilgrimage of the House of God. Re-Affirm Six pillars of Imaan (Faith).

- Tajdid Urkan ul Imaan – Amantu billahi wa mala'ikatihī wa kutubihī wa rusulihī wa'l-yaumi'l-akhiri wa bi'l-qadari khayrihi wa sharrihi min Allahi ta'ala.

I believe in Allah, His Angels, His books, His Messengers, the Last Day, and the Destiny – its good and its bad – is from God, the Most High. Supplications

**Du'a** : *Ya Rabbi, ya Allah, kam zhahara minni minadh dhunobi wal ma'asi zhahiran wa batinan wa sirran min 'ahdi ijadi dharrati wa rohi, wa dukholi ruhi ila jismi, wa zhuhori minal 'adami ilal wojodi, wa zhuhori fi 'alamid dunya ila yawmina hadha, raja'tu 'anil jami'ee ilayka bit tawbati wal istighfar.*

O my Lord, from the Day of Promises, whatever there was of promise from me to You, ("Alastu bi Rabbikum, Qaloo balaa ("Am I not your Lord?" They said, "Yes")(Quran 7:172) – I accept and promise to do it all. O my Lord, Ya Allah, from the day You created my dharrah (atom), my essence, and from the day You entered my soul to my body, and from the day my soul came from absolute abstract to existence, and came into this world, until this day; how much of the disobedience has appeared from me and my essence, and from my soul and my body, spiritually and physically! I am regretting them all, and regretting what I did, and coming back to You asking forgiveness and repentance.

*Wa innani qad dakhaltu wa salaktu fi rahmaati shahrika hadhal Mubarak fala taruddni ya Rabbi, 'an babika wa la tatrunki li ahwali nafsi wa law li lahzah wa ana astaghfiruka.*

O my Lord, I entered and I moved into the ocean of blessings of Your praised month. O my Lord, do not reject me from Your door and don't leave me to my ego even for a blink of an eye and I am asking forgiveness by saying,

- **70 x Astaghfirullah – I ask Allah's forgiveness**
- **Now sit down and continue with the Adab of Tariqah til Ihda**
- **Dua Al Mathur of Grandshaykh Abdullah Al-Fa'iz Ad-Dagestani**
- **Do this Adab every day in Rajab either Last third of the Night or between Maghrib and Isha.**